

WHAT IS CLAIMED IS:

1. An apparatus for lighting a room from the room's ceiling comprising:

a first plate having a hole;

a spacer contacting the first plate;

at least a second plate having a hole contacting the spacer and maintained in spaced relationship from the first plate by the spacer, the opening of the first plate and the opening of the second plate together defining a first channel; and

means for lighting including at least one lamp and one transformer electrically connected to the lamp, the lamp being either a low voltage or line voltage lamp, the lamp extending into the first channel through the hole of the first plate and the hole of the second plate.

2. An apparatus as described in Claim 1 wherein each plate is made of metal, plastic, glass, marble or synthetic.

3. An apparatus as described in Claim 2 wherein each plate is square, round, rectangular, triangular, octagonal, elliptical or oval.

4. An apparatus as described in Claim 3 wherein the spacer can be hollow or solid and made of metal, plastic, wood, marble or synthetic or be magnetic.

5. An apparatus as described in Claim 4 wherein the first plate and the second plate each have a second hole which together define a second channel, and the lighting means includes a second lamp disposed in the second channel.

6. An apparatus as described in Claim 5 wherein the lighting means includes a yoke which holds the lamp.

7. An apparatus as described in Claim 6 wherein the lighting means includes a gimbal ring assembly having the yoke for holding the lamp.

8. An apparatus as described in Claim 7 wherein the lamps are regressed, flush or protruding with respect to the second plate.

9. An apparatus as described in Claim 8 wherein the first and second plates are surface mounted, suspended, semi-recessed, or recessed from the ceiling or wall mounted.

10. An apparatus as described in Claim 9 wherein the transformer is integral or remote from the first plate.

11. An apparatus as described in Claim 10 wherein the transformer is attached or detached adjacent the first plate.

12. An apparatus as described in Claim 11 wherein the lighting means includes a lamp socket for holding the first lamp.

13. An apparatus as described in Claim 12 wherein the lamp socket is candelabra based, intermediate based, medium based, mogel based or bayonet based.

14. An apparatus as described in Claim 12 wherein the first lamp is contained in an eyeball-pull down bracket that permits vertical movement of the lamp.